

# Commercial Break Cleaning

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## Laundry Room

- Start a load of laundry.
- Switch load to the dryer.
- Wipe spills off of machines.
- Wash the lint screen with soap and water.
- Wipe spills off of detergent bottles.
- Dust laundry room blinds or windowsills.
- Dust laundry room baseboards.

## Kitchen

- Spray and wipe counters.
- Spray and wipe appliance fronts.
- Purge refrigerator shelf of expired foods.
- Wipe a shelf in the refrigerator.
- Change the liner in the crisper drawer.
- Clean crumbs out of the cutlery drawer.
- Clean crumbs out of the toaster.
- Wipe stove knobs and oven door handle.
- Wipe or soak oven spills.
- Deodorize the garbage disposal.
- Clean the inside of the microwave.
- Unload a rack in the dishwasher.
- Load a rack in the dishwasher.
- Wipe cupboard fronts.
- Wash the coffee pot.
- Get coffee maker ready for tomorrow.
- Wipe table.
- Wipe chairs.
- Microwave wet sponge to sanitize it.
- Clean the sink.
- Polish the faucet.
- Dust blinds or windowsills.
- Dust baseboards.
- Toss junk mail.
- Take out the garbage.

## Bathroom

- Clean a toilet.
- Dust light fixtures.
- Dust baseboards.
- Wipe fronts of cupboards and drawers.
- Clean sink.
- Clean mirror.
- Clean the vanity.
- Polish faucets and fixtures.
- Clean hair out of shower or tub drain.
- Disinfect toothbrushes in vinegar water.
- Pull hair out of hairbrushes and wash.
- Wash hair combs.
- Dust blinds or windowsills.
- Spray shower with daily shower spray.
- Clean soap dish.
- Refill liquid soap dispenser.
- Sweep.
- Change towels.
- Empty trash.
- Restock toilet paper.

## Entryway

- Shake entrance mats outside.
- Sweep front step.
- Pick up shoes near front door.
- Wipe front door handle.
- Wipe doorbell or door knocker.
- Sweep screen door to dislodge dust.

## Miscellaneous

- Dust cold air returns.
- Soak toys in vinegar water to disinfect.
- Water houseplants.
- Pinch dead leaves off of houseplants.

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## Bedroom

- Strip bed.
- Put on a clean bottom sheet.
- Put on a clean top sheet.
- Put on clean pillowcases.
- Take dishes to the kitchen.
- Straighten nightstand.
- Dust bedroom blinds or windowsills.
- Dust horizontal surfaces.
- Dust bedroom baseboards.
- Vacuum around base of walls.
- Vacuum high-traffic areas.
- Empty bedroom trash.

## Closet

- Straighten shoes closet.
- Put clothes on floor into the hamper.
- Vacuum floor.
- Wipe doorknobs and light switches.
- Take empty hangers to laundry room.
- Clean out a purse or handbag.

## Car

- Get trash out of your car.
- Wipe dashboard and steering wheel.
- Wipe cupholders.
- Wipe inside door handles and armrests.

## TV Room / Living Room

- Vacuum beneath sofa cushions.
- Run a lint roller over sofa.
- Purge old magazines from coffee table.
- Organize top of coffee table.
- Take dishes to kitchen.
- Dust walls.
- Wipe TV remote with disinfectant.
- Straighten DVDs.
- Dust blinds or windowsills.
- Dust horizontal surfaces.
- Dust TV screen.
- Dust entertainment center.
- Dust lamps.
- Wipe light switches.
- Dust baseboards.
- Vacuum around base of walls.
- Vacuum high-traffic areas.



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