



Decluttering Routine

1 ENTRY & COAT CLOSET

- Pick up trash.
- Grab things that don't belong.
- Hang up coats.
- Sweep or vacuum messes.

2 KITCHEN & DINING TABLE

- Pick up trash.
- Put things away.
- Straighten cupboard and drawer contents.
- Wipe counters and tabletop.

3 BATHROOMS

- Pick up trash.
- Grab things that don't belong.
- Check supplies
- Tidy vanity & storage.

4 BEDROOMS

- Pick up trash.
- Grab things that don't belong.
- Tidy under bed, in nightstand.
- Put away clothes, toys.

5 CLOSETS & DRESSER

- Pick up trash.
- Grab things that don't belong.
- Hang up clothes, straighten shoes.
- Tidy drawers, top of dresser.

WEEKLY CLEANING & CATCH UP



8 FAMILY/ LIVING ROOM

- Pick up trash.
- Grab things that don't belong.
- Tidy & wipe tabletops.
- Put away games, DVDs, CDs.

9 LAUNDRY ROOM

- Pick up trash.
- Grab things that don't belong.
- Check supplies.
- Wipe containers.
- Put away clothes.

10 LINEN CLOSET

- Pick up trash.
- Grab things that don't belong.
- Straighten linens.
- Check sachets or let it air a bit.

11 PAPERS & HOME OFFICE

- Pick up trash.
- Grab things that don't belong.
- Digitize, file, or shred papers.
- Tidy desk and shelves.

12 CAR & GARAGE

- Pick up trash.
- Grab things that don't belong.
- Sweep garage floor.
- Drop off donations.

WEEKLY CLEANING & CATCH UP



REST DAY!